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## ABOUT THE AUTHOR: SHANNON JACKSON ARNOLD

Writer and Editor **Shannon Jackson Arnold's** love of ice cream can be traced back to her 5<sup>th</sup> birthday, when instead of cake she requested half of cantaloupe filled with vanilla ice cream. As a college intern at *Ms.* magazine in New York City in the late 1980s, she worked evenings at Steve's Ice Cream on the Upper West Side, filling waffle cones with the chain's signature ice cream-and-mix-in combos. (Even after a summer of scooping, she wasn't sick of ice cream.) Her love of ice cream continued into adulthood, where she has sought out local ice cream wherever she traveled, from Italy to California. When she's not out scouting new ice cream parlors, Arnold can be found at home, making her own (fresh lemon mint, strawberry, coffee heath bar and chocolate tofu are specialties). Each summer she hosts an ice cream social for her neighbors, believing that there's nothing like the lure of ice cream to make new friends.



Professionally, Arnold is a talented and skilled writer and editor with experience in a range of media. She is the former editor of *OHIO Magazine*, which under her tenure as editor won numerous awards from the International Association of Regional Magazine Publishers (IRMA) and was twice named the Best Magazine in Ohio from the Cleveland Press Club. She was an associate producer for nationally syndicated Monitor Radio in Boston, and her freelance articles have appeared in such publications as *Marie Claire*, *Wisconsin Trails* and *Milwaukee Home*. She holds a B.A. in English from The Ohio State University. Currently, Arnold offers workshops and retreats for writers through her business, The Inspired Writer. A popular and sought-after teacher, she also been a featured speaker at the Columbus Writer's Conference and the Midwest Writer's Conference.

An Ohio native, Arnold currently resides in Delafield, Wisconsin, with her dairy-loving husband and milk-sensitive three-year-old daughter. She's pleased to report that her house is just around the corner from the one of the state's best custard stands, Le Duc's, and down the street from a great gelateria, Divino Gelato. (In the interest of full disclosure, it must be known that Arnold joined Weight Watchers while writing this book to keep the gallons of ice cream she consumed from going directly to her hips.)

**EVERYBODY LOVES ICE CREAM: The Whole Scoop on America's Favorite Treat**  
by Shannon Jackson Arnold  
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